

Psychologist in the 8th district nurseries

Kerschner Dorottya, psychologist

E-mail: pszichologus@bolcsode-bp08.hu

Tel.: +36/20-227-6445



When may it be necessary to see a psychologist?

In case your child('s)

- mood have changed in a short period of time,
- is really scared of certain objects, people, situations,
- has anxiety (signs might be biting nails, pulling hair, excessive attachment to certain objects or the sequence of events)
- there has been a change in his/her life or has experienced loss (divorce, newborn sibling, illness or death of a loved one, moving places), that caused a change in behaviour,
- has problems sleeping (has difficulty falling asleep or wakes up at night),
- has difficulty separating from the parents even for a short period of time,
- can't make friends easily with his peers or has behavioural problems,
- shows signs of aggression like excessive tantrums,
- behaves in a way that is perceived strange or difficult to manage by either the parents or the educators,
- has problems with the development of speech (doesn't speak, stutters, makes unusual sounds),
- has problems with potty training,
- has difficulty eating (doesn't eat, rejects food, is a picky eater)
- is not sick but shows different symptoms like headaches, diarrhoea or else.